

TWO WEEK - Rotation

Middle School & High School LUNCH MENU OPTIONS

	Monday	Tuesday	Wednesday	Thursday	Friday
HOT MEALS WEEK 1	1 Corn Dog, 1 Snack, 1 Fruit, 2 Treats, 1 Drink	Pizza Rolls, 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Breakfast for Lunch Sausage, Egg & Cheese Croissant, Tater Tots, 1 Fruit, 1 Treat, 1 Drink	Chicken Nuggets, French Fries, 1 Fruit, 1 Treat, 1 Drink	Meatball Sub, 1 Snack, 1 Fruit, 1 Treat, 1 Drink
	----- 2 Corn Dogs, 1 Snack, 1 Fruit, 1 Treat, 1 Drink	----- Marie Callender's Pot Pie, 1 Treat, 1 Drink			
HOT MEALS WEEK 2	Ravioli 1 Snack, 1 Fruit, 1 Treat, 1 Drink	1 Hotdog, 1 Snack, 1 Fruit, 2 Treats, 1 Drink	Pizza Bagels, 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Sweet Teriyaki Chicken Sandwich, 1 Snack, 1 Fruit, 1 Drink	Hamburger, 1 Snack, 1 Fruit, 1 Treat, 1 Drink
	Marie Calendar Chicken Soup – variety 1 Treat, 1 Drink	2 Hotdogs, 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Pizzeria UNO Steak & Cheese 1 Fruit, 1 Treat, 1 Drink		Cheeseburger, 1 Snack, 1 Fruit, 1 Treat, 1 Drink
<i>Bagged lunches are available daily.</i>	Uncrustable Grape or Strawberry	Uncrustable Grape or Strawberry	Uncrustable Grape or Strawberry	Uncrustable Grape or Strawberry	Uncrustable Grape or Strawberry
Bagged Lunch #1 <i>Circle your choice</i>	1 Snack, 1 Fruit, 1 Treat, 1 Drink	1 Snack, 1 Fruit, 1 Treat, 1 Drink	1 Snack, 1 Fruit, 1 Treat, 1 Drink	1 Snack, 1 Fruit, 1 Treat, 1 Drink	1 Snack, 1 Fruit, 1 Treat, 1 Drink
Bagged Lunch #2 <i>Circle your choice</i> <i>(Student is responsible for heating.)</i>	Hot Pocket Pepperoni Pizza or Ham & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Hot Pocket Pepperoni Pizza or Ham & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Hot Pocket Pepperoni Pizza or Ham & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Hot Pocket Pepperoni Pizza or Ham & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Hot Pocket Pepperoni Pizza or Ham & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink
Bagged Lunch #3 <i>Circle your choice</i> <i>(Student will be given an 8oz bottle of water to aid in preparing bowl meal and student is responsible for heating.)</i>	Ramen/Noodles Chicken Cup Noodles Spicy Chicken Spicy Beef Spicy Kimchi Mac & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Ramen/Noodles Chicken Cup Noodles Spicy Chicken Spicy Beef Spicy Kimchi Mac & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Ramen/Noodles Chicken Cup Noodles Spicy Chicken Spicy Beef Spicy Kimchi Mac & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Ramen/Noodles Chicken Cup Noodles Spicy Chicken Spicy Beef Spicy Kimchi Mac & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink	Ramen/Noodles Chicken Cup Noodles Spicy Chicken Spicy Beef Spicy Kimchi Mac & Cheese 1 Snack, 1 Fruit, 1 Treat, 1 Drink

SNACKS	FRUIT/VEG	Treats	Drinks
Cheeto's crunchy	Applesauce - Strawberry or Cinnamon	Airheads	Apple & Eve juice
Cheez-It	Apples	Fruit Roll-ups	Capri Sun
Crackers	Carrot Sticks	Fruit snacks	Honest Kids Juice Box
Doritos	Grapes	Chewy granola bar	Lemonade
Goldfish	Mandarin Oranges	Oreo, Chips Ahoy cookies	Strawberry Lemonade
Pop Corn	Peaches	Pudding	Water
Potato Chips	Raisins		
String Cheese	SELECTIONS MAY VARY depending on availability.		